

The Beatitudes

Living the Beatitudes

On the **YELLOW** sheet, answer the questions below.
How are you able to put the Beatitudes into practice?

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

We recognize our need for God. We depend on God. The poor in spirit know that God is more important than anything else in life.

How do you depend on God? How do you show that God is most important in your life? How do you use your talents for others?

Blessed are they who mourn, for they will be comforted.

We mourn the sin and suffering that we see in the world. We trust that God comforts anyone who suffers from loss of injustice. We reach out to anyone who needs to be comforted.

How do you treat people who are sick, in trouble, in need of help? What do you do when you see someone not playing or treating others fairly?

Blessed are the meek, for they will inherit the land.

We humbly recognize that all our gifts and talents come from God. We share these gifts with kindness and patience to serve God and others.

How do you show respect for your parents or others in authority? When did you last admit to making a mistake?

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

We long for God's peace, love and justice to rule in the world. We work for equality and truth. We share our possessions with those in need.

How are you responsible for your possessions? How do you share them with others? Do the 10 Commandments have an effect on your life? How?

Blessed are the merciful, for they will be shown mercy.

We forgive anyone who has hurt us. We accept others and have compassion for them.

Show when you had compassion for another person. When someone hurts you do you hold a grudge or forgive them?

Blessed are the clean of heart, for they will see God.

We want only to do God's will and to follow God's commands. We keep our minds and hearts focused on God, seeking good and avoiding evil.

How do you decide which movie or TV show to watch? What is the best way for you to avoid what is wrong or evil? How do you share your special "gifts" from God with others?

Blessed are the peacemakers, for they will be called the children of God.

We work to be a sign for others of God's forgiveness. We pray for peace and unity in our family, community and in the world. We try to settle arguments and disputes.

How does violence affect peace? What do you do when you see violence or trouble? How can you keep peace instead of contributing to bullying, hatred, meanness or violence?

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

We continue Jesus' mission in the world. We speak out against situations which prevent the rule of God's peace, love and justice. We stand up for our beliefs even if we are made fun of or criticized.

When others hassle or laugh at you about your faith, what do you do? How do you give witness to Jesus when others want to do the wrong thing?